



හඩිසන් වැල් බොද්ධ විහාරය
සහ භාවනා මධ්‍යස්ථානය
Hudson Valley Buddhist Vihara
and Meditation Center



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JANUARY

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY

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MARCH

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APRIL

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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27	28	29	30	31		

● Full Moon Poya Day

● Sinhala & Tamil New Year Program

● Annual General Meeting

● Committee Member's Meeting (Online)

● Meditation: Every Wednesday (6:30 PM - 7:30 PM)

● Dhamma Discussion (Sinhala - Online):
Every Friday (7:30 PM - 8:30 PM)

● Yoga Class: Every Saturday (5:00 PM - 6:30 PM)
(from May 2026 - November 2026)

● Dhamma School: Every Sunday (2:00 PM - 4:00 PM)

Special Programs 2026

- New Year Blessing Chanting: January 01 (5:00 PM at the Vihara)
- Sponsored Dhamma Sermons: Conducted on the last Saturday of every month (Dates will be announced)
- Sinhala & Tamil New Year Program: April 19 (Sunday)
- Children's Dhamma Day Program: May 09 (Saturday)
- International Vesak Ceremony: June 05 (Friday)
- Summer Retreat: July 03 - 05
- Charika Dhamma Programs: Dates will be announced later
- Kathina Ceremony: October 17 (Saturday)
- Annual General Meeting: November 15 (Sunday)
- Vihara Opening Ceremony: Dates will be announced later

Sil Observance Days 2026

- January 11 (Sunday) Durutu Full Moon Day - Sil Observance (9:00 AM - 3:30 PM)
- February 08 (Sunday) Navam Full Moon Day - Sil Observance (9:00 AM - 3:30 PM)
- March 08 (Sunday) Navam Full Moon Day - Sil Observance (9:00 AM - 3:30 PM)
- April 04 (Saturday) Bak Full Moon Day - Sil Observance (9:00 AM - 3:30 PM)
- May 03 (Sunday) Vesak Full Moon Day - Sil Observance (8:30 AM - 4:00 PM)
- June 28 (Sunday) Poson Full Moon Day - Sil Observance (8:30 AM - 4:00 PM)
- July 26 (Sunday) Esala Full Moon Day - Sil Observance (9:00 AM - 4:00 PM)
- August 30 (Sunday) Nikini Full Moon Day - Sil Observance (8:30 AM - 4:00 PM)
- September 26 (Saturday) Binara Full Moon Day - Sil Observance (8:30 AM - 4:00 PM)
- October 31 (Sunday) Vap Full Moon Day - Sil Observance (8:30 AM - 4:00 PM)
- November 29 (Sunday) II Full Moon Day - Sil Observance (9:00 AM - 3:30 PM)
- December 27 (Sunday) Uduvap Full Moon Day - Sil Observance (9:00 AM - 3:30 PM)

MEMORIES OF 2025



Your kind monthly offering helps maintain the temple, support monastic life, and share the Dhamma with our community.

Even \$20 or \$50 a month can make a meaningful difference.

Tax-Exempt Status:

Hudson Valley Buddhist Vihara is a 501(c)(3) nonprofit religious organization.
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Hudson Valley Buddhist Vihara and Meditation Center

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